Welcome to the 2017–2018 Citrus United Soccer Season

Thank you for donating your time and effort to making the 2017–2018 soccer season a fun and memorable experience for the players of Citrus County.

Mandatory Coaches Meeting: Tuesday, September 12, 2017. Holiday Inn Express, 903 East Gulf to Lake Highway, Lecanto FL. U6 & U8 coaches: 6:30 to 7:30. U10 & above: 7:30 to 8:30. Information will be handed out. Practice field locations and times will be assigned. Directors of Coaching will hold an informative meeting to discuss the upcoming season, as well as the short and long term goals of the club. We will also be presenting an overview of Florida House Bill No. 291 relating to youth athletes and the risk of concussion and head injury and how this new rule affects the club, its players and its coaches.

Coaching Courses

One coach from each team must attend one of these free coach seminars in order to be eligible to participate in the Sunshine Cup. Learn how to plan a practice for specific targeted skills. Learn drills and activities to help your players develop into a strong team. There are two classes to choose from.

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coaching Model U6/U8 &amp;U8/U10</td>
<td>ONLINE</td>
<td>PLEASE ASK HOW TO LOG IN</td>
<td></td>
</tr>
<tr>
<td>NSCAA Coaching Course</td>
<td>Saturday, October 7, 2017</td>
<td>10:00 to 1:00</td>
<td>Holden Park (Inverness Fields)</td>
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Alternatively: log 4 hours of team practice with the club trainer to be eligible for the Sunshine Cup.

Other Important Dates

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Rosters Issued</td>
<td>September 16, 2017</td>
<td>9 AM</td>
<td>(AFTER coaches CLINIC) Holden park,</td>
</tr>
<tr>
<td>Equipment Issued</td>
<td>September 16, 2017</td>
<td>9 AM</td>
<td>(AFTER coaches CLINIC) Holden park</td>
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<tr>
<td>Uniforms Issued AND CLINIC</td>
<td>October 21, 2017</td>
<td>10 AM</td>
<td>Inverness fields Holden park</td>
</tr>
<tr>
<td>Opening Day</td>
<td>OCT 28, 2017</td>
<td></td>
<td>Holden park Inverness</td>
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Practice Guidelines
- Practice Fields are assigned by the Field Director.
- You may only practice during your assigned times and on your assigned field.
- Medical release forms and concussion informed consent forms must be on hand for all practices and games.
- Shin guards are required for all practices and games.
- Age guideline for practice:
  - U6: once a week, no more than 1 hour
  - U8: & u10: Once a week, no more than 1 hour
  - U12 and up: twice a week, no more than 3 hours

Assistant Coaches and Team Parents
- Any person that has any contact with the players must have a background check completed through GotSoccer.com
- Any coach that is on the sideline during a game must be on the roster. All U10 and above coaches must have a Coaches Pass (signed with picture).
- Any team with more than 1 assistant coach will be charged $15 for background check for the 3rd coach.

Team Roster and Uniforms
- All Coaches must have pass laminated with a signature and picture
- Official Roster must have the following information:
  - U6-U8 Teams:
    - All Coaches on the sidelines during a game must be on the roster.
    - The official roster must be laminated.
    - Player’s pictures must be on the back of the roster with players names.
  - U10 & Up Teams:
    - All Coaches on sidelines during a game must be on the roster.
    - Player passes must be laminated with a signature and picture.

Any questions, comments or issues; please feel free to contact us!
Coach’s Code of Conduct and Commitment

1. I will never place the value of winning before the safety and welfare of all players.
2. I will always show respect for players, other coaches, and game officials.
3. I will lead by example, demonstrating fair play and sportsmanship at all times.
4. I will be knowledgeable of the rules of the game, and teach these rules to my players.
5. I will never use abusive or insulting language. I will treat everyone with dignity.
6. I will not tolerate inappropriate behavior, regardless of the situation.
7. I will not allow the use of anabolic agents or stimulants, drugs, tobacco, or alcohol by any of my players.
8. I will never knowingly jeopardize the eligibility and participation of a student-athlete.
9. Youth have a greater need for example than criticism. I will be the primary soccer role model.
10. I will, at all times, conduct myself in a positive manner.
11. Coaching is motivating players to produce their best effort, inspiring players to learn, and encouraging players to be winners.
12. Coach’s actions on sidelines during games shall be in the spirit of “good sportsmanship” at all times. Profanity, profane gestures, arguing, inciting disruptive behavior by spectators and/or players, or any conduct not in the spirit of good sportsmanship, shall require disciplinary action from the affiliate.
13. Alcohol, illegal drugs and unauthorized prescription drugs shall not be possessed, consumed or distributed before, during or after any game or at any other time at the field and/or game complex.
14. I give Citrus United Soccer Club permission for the required background check.
15. I understand all that I have read of the commitments above, and understand that if I violate the above commitments I am subject to suspension from the league, or dismissal from the league pending the board of directors’ approval of dismissal.

_________________________________________  __________________________
Signature of Coach                                      Date
Coach Registration Form

Name:
Last
First
Middle

Address:
Street Address
City
State
Zip Code

Phone Numbers:
Home
Cell
Work

Date of Birth:
Month
Day
Year

E-mail address:

Please write clearly.

All coaches are required to submit information to gotsoccer.com for a background check. You will be emailed instructions for completing the background online.

Have a great season and ...THANK YOU FOR VOLUNTEERING!!!!!